

AT EASE...

A CALL TO ALL VETERANS & FAMILIES

HEALING FROM WAR: WHAT WE ALL NEED TO KNOW

PLEASE JOIN THE BEDFORD VA AS WE RECOGNIZE SUICIDE PREVENTION WEEK WITH A SERIES OF EVENTS FOR VETERANS AND FAMILIES:

DOCUMENTARY FILM VIEWING "THE BRIDGE"

"One of the most moving and brutally honest films about suicide ever made."

-Stephen Holden, The New York Times

Wednesday, September 9, 2009 8:00AM or 3:00PM

Thursday September 10, 2009 11:00AM or 3:15PM

Building 9 Conference Room

PTSD TRAINING FOR VETERANS & FAMILIES

Topics: Understanding PTSD

Recovery is Possible: Demystifying Myths

Anniversary Reactions: Identifying Warning Signs

Thursday September 10, 2009 9-10:30AM or 1:30-3:00PM

Building 9 Conference Room

KEYNOTE SPEAKER

Join Command Sergeant Major (R) Samuel Rhodes and his wife Cathy Rhodes as they talk about their journey dealing with the effects of war.

Mr. Sam Rhodes speaks on coping with Suicide and Post Traumatic Stress Disorder and Building Psychological Resilience regularly to Units across the Country and at other events through the Department of Defense (DOD). He has served in Operation Iraqi Freedom I, II and III with a total of 30 months Combat experience accumulated from April 2003 to November 2005.

Thursday, September 10, 2009 6:00PM

The First Parish Church, 75 Great Road, Bedford MA

or

Friday, September 11, 2009 10:00AM

Outside at the Bedford VA Oval

KEYNOTE DISCUSSION WITH VETERANS & FAMILIES

Join Mr. & Mrs. Rhodes for an interactive discussion around Veteran and family issues.

Friday, September 11, 2009 1:00PM

Building 9 Conference Room

For more information please call the Bedford VA Suicide Prevention Coordinator, Brenda Kline, LICSW at 1-800-VETMED1 x5680

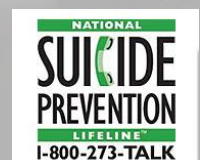


Photo courtesy of DOD