



**No one should face Alzheimer's alone.**

Register for one of our free programs that address the unique challenges and concerns of the COVID-19 pandemic. View all of our virtual offerings at **Alzprograms.org**.

*COVID-19 Caring Conversations provide an opportunity for caregivers and people living with dementia to get support and learn strategies to deal with the unique challenges and concerns of the COVID-19 pandemic.*

Join us for one of these 30-minute weekly webinars!

**TOPICS INCLUDE:**

Living with Early Dementia // Getting through the Day with Less Stress // Tips for Caregivers with Loved Ones in Residential Care // Tips for Caregivers at Home // Emergency Planning if You or Your Loved One Gets Sick

*Programs also available in Spanish*

For more information or to register, visit

**Alzprograms.org**

or call our 24/7 Helpline at

**800.272.3900**

Looking for a support group or other assistance?  
Please call our 24/7 Helpline at 800.272.3900.