**Alexa Pilot Program**

**Pre-test:**

*Always = all of the time, every day of the week*

*Sometimes = most days of the week, but not every single day*

*Rarely = maybe once a month or so*

*Never = not at all*

1. How often do you feel isolated?

 Always Sometimes Rarely Never

1. How often do you feel depressed**\***?

Always Sometimes Rarely Never

1. How often do you find yourself constantly worrying?

 Always Sometimes Rarely Never

1. How often do you socialize with people?

Always Sometimes Rarely Never

1. How often do you find yourself wishing you could socialize with people more?

 Always Sometimes Rarely Never

1. How helpful do you think having an Alexa device in your home would be?

 Very helpful Helpful Not helpful Unsure

**\***depressed is defined as feelings of sadness, lasting for at least 2 weeks, can include difficulty getting out of bed, getting dressed or lack of interest in usual activities

**Alexa Pilot Program**

**Post-test:**

*Always = all of the time, every day of the week*

*Sometimes = most days of the week, but not every single day*

*Rarely = maybe once a month or so*

*Never = not at all*

1. Since you have had Alexa in your home, how often do you feel isolated?

 Always Sometimes Rarely Never

1. Since you have had Alexa in your home, how often do you feel depressed\*?

 Always Sometimes Rarely Never

1. Since you have had Alexa in your home, how often do you find yourself constantly worrying?

 Always Sometimes Rarely Never

1. Since you have had Alexa in your home, how often do you socialize with others?

 Always Sometimes Rarely Never

1. Since you have had Alexa in your home, how easy has it been to socialize with others?

 Very easy Easy Not easy Unsure

1. How helpful has it been having an Alexa device in the home?

 Very helpful Helpful Not helpful Unsure

1. How helpful has Alexa been to your mental health?

 Very helpful Helpful Not helpful Unsure

1. What is the likelihood you will purchase an Amazon Alexa device?

 Definitely Most Likely Maybe Unsure

1. Will you need assistance purchasing a device?

 Definitely Most Likely Maybe Unsure

**\***depressed is defined as feelings of sadness, lasting for at least 2 weeks, can include difficulty getting out of bed, getting dressed or lack of interest in usual activities

**Which Alexa features did you use**?

⬜ Ask My Buddy

⬜ Set a reminder

⬜ Senior Life Flash Briefing

⬜Play games such as Jeopardy or Price It Right

⬜ My Day

⬜ Sleep and/or relaxation sounds

⬜ My Morning

⬜ Senior Moments

⬜ Brain Workout

⬜ Big Sky (weather)

⬜ Yoga or other exercises

⬜ Request transportation

⬜ Call friend/family member

⬜ Control home functions (turning on/off lights, etc)

⬜ Listen to music

⬜ Other

Additional comments/suggestions: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_